

RAISING
ASPIRATIONS

CREATING
POSSIBILITIES

PROMOTING
EQUITY

MAKING A
DIFFERENCE

MOTIVATING
& INSPIRING

MORE CHILDREN • MORE ACTIVE • MORE OFTEN

@ActiveSchoolsED

EDINBURGH
THE CITY OF EDINBURGH COUNCIL

Bowls Games @ The Hub 2020

Game 1

Throw the jack (this can be anything in your house – e.g. a ball, hat, socks. Once it has landed you can use whatever you have in your house (socks) to play the game. Each player has 4 pairs of socks and takes it in turn to throw them underhand as close to the jack as possible. The winner is the one closest to the jack and gets 1 point. Play 5 times and record your points.

Game 2

Set out A4 paper with 10, 20 and 50 points (as the points get higher they are further away). Throw 4 pairs of socks underhand and try to land the socks on the points. Do this 5 times and record your total points.

Game 3

Skittles – set up 6 targets in a triangle (you can use empty milk bottles, juice cartons, toilet rolls). Throwing underhand, you have 3 pairs of socks to knock over as many skittles as possible. Do it 5 times and count how many targets you knock over

Record your score and check the medal table below to see if you achieved a **GOLD**, **SILVER** or **BRONZE** medal.

Challenge No.		Gold	Silver	Bronze	Your Score / Time	Your Medal
1	Game 1	4-5	2-3	0-1		
2	Game 2	160-250	60-150	0- 50		
3	Game 3	21-30	11-20	0-10		